

GO!® Eye Mask

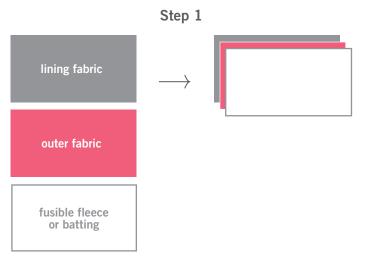
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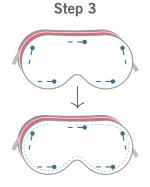
Try silk, Minky, flannel or other soft fabrics for a luxurious experience. Cut only 1 to 2 layers at a time of heavier fabrics. **Recommended Supplies:** Use fusible fleece, regular heavy interfacing or batting scraps to give the GO! Eye Mask some body. You could also use an extra layer of flannel or soft fabric in the middle. If you plan to warm your eye mask in the microwave, be sure to use only 100% cotton fabrics and thread in all layers.

For head straps/ties: Use 1/4" (.6 cm) to 5/8" (1.5 cm) fold over elastic or cut strips of fabric with your favorite GO! Strip Cutter die.

How to Assemble the Eye Mask:



Lay one $9\frac{1}{2}$ " x 5" piece of lining fabric right side up on table in front of you. Lay one $9\frac{1}{2}$ " x 5" piece of outer fabric on top of lining fabric, right sides together. Top with one $9\frac{1}{2}$ " x 5" piece of fusible fleece or batting. Place all three layers together on the GO! Eye Mask die, cover with a mat and cut.



Keeping the cut pieces in the same order (lining fabric right side up, then outer fabric right side down, topped by batting), pin pieces together. While pinning, be careful to keep the loose part of the elastic inside, so only the two raw edges get stitched into the mask. Stitch a ¼" seam allowance around the mask, leaving a 2" opening for turning the mask inside out. Back stitch when starting and stopping.





Cut a piece of ½" elastic to fit your head without stretching. Being careful not to twist the elastic, lay it on top of the right side of the lining piece, pinning the raw edge of the elastic to the raw edge of the lining, as shown.

Step 4



Clip curves, turn mask right side out. Batting should remain inside. Press all around edges. Whip stitch opening closed and top stitch as desired.